

Irritated Scalp

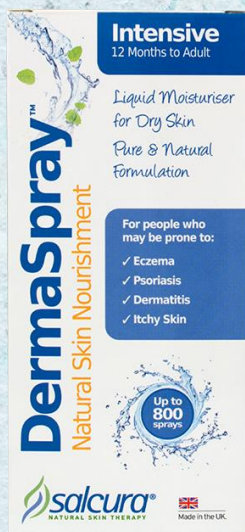
Just like your skin, your scalp can become dry, irritated, itchy and sensitive. This can be due to a number of reasons including **hormonal changes, aging, stress, eczema** and **psoriasis**. It can also be a result of using harsh cosmetic products or being exposed to environmental pollutants.

When bombarded with irritants such as pollution or stress, your scalp can become acutely sensitive. This can make your scalp feel tight, itchy, dry, sore and flaky. It may also lead to an over-production of sebum as your body tries to counteract the dryness. If the balance of your scalp's flora becomes upset you may also experience dandruff as micro-organisms multiply too quickly and flake off.

Irritated Scalp

- The first thing you will want to do is soothe your scalp and make it feel more comfortable. DermaSpray is an ideal product to immediately alleviate discomfort and put some hydration onto the scalp.
- Its non-greasy spray formulation means you can apply it to your scalp quickly and easily and it won't make your hair look lank or sticky. Apply as often as necessary throughout the day.
- With continued use, DermaSpray will actively work to improve the condition of your scalp and reduce the sensitivity of your skin. It can be used on eczema, psoriasis and general dry itchy scalps.
- Use only gentle shampoos and conditioners, particularly if you wash your hair every day.
- Stripping your hair and scalp of its natural oils will only exacerbate your symptoms, and harsh chemicals can agitate the skin. Salcura's shampoo and conditioner are a mild formulation, but contain a high concentration of omega oils, which will work to put moisture into your scalp.
- You might want to reduce your use of chemical based styling products and heated styling appliances too. This will give your hair and scalp a rest and give it the best chance to regain balance.
- Make sure you have a balanced diet that includes lots of water, fruit, veg and essential fatty acids, like omega oils found in some nuts and oily fish.
- Wearing hats and motorcycle helmets for a prolonged amount of time may rub your scalp to the point of agitation, so consider limiting your use of them for a while if you think it is a contributing factor.
- Finally, if you are a swimmer, you might like to wear a swimming cap so chlorinated water doesn't irritate your scalp further.

Treatments



Contact Customer Services for skincare and product advice

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