

Dermatitis

Dermatitis is an inflammation of the skin which causes it to become **dry, scaly, blistered, sore, cracked** and **red**. It is triggered by the skin coming into contact with an **allergen**, and most commonly occurs on the **face** and **hands**.

Dermatitis Symptoms

Dermatitis is a term that can be used to describe a number of dry skin conditions, including atopic eczema, seborrheic dermatitis and contact dermatitis. In each of these conditions, the skin is compromised due to a reaction to an external or internal factor, and stops retaining moisture in the way that healthy skin does.

The lack of **natural moisture** in the skin makes the skin cells less plump, and gaps start to appear between the cells. This degradation of the skin's protective barrier means that allergens and bacteria can enter the skin and cause further inflammation and infection.

Dermatitis Causes & Triggers

It is thought that **80%** of cases of dermatitis are caused by the skin coming into contact with a substance that irritates or damages the skin, and **20%** are caused by allergens which cause an immune system reaction.

In many cases, it may be possible to identify your own **personal triggers** of dermatitis. This could range from reactions to latex/washing up gloves, detergents, certain metals or coins, pet hair, cleaning products, and skincare products. If you are able to identify a clear cause, then the simplest way to limit symptoms is to avoid those triggers.

Dermatitis Treatments

Unfortunately, some cases aren't so clear cut, and you may be allergic to a wide spectrum of allergens which may be harder to identify and avoid. In these cases, GPs will typically prescribe treatments for dermatitis include cortisones, emollients and steroids in an attempt to clear the symptoms up. Salcura have created a long term solution for dermatitis sufferers that is natural and contains no steroids, cortisones or emollient based products.



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